

Personal & Social Education Policy

The Aim of Personal & Social Education

The aim of Personal & Social Education (PSE) at Open Box Education Centre is to provide personal, social, health, economic, careers and relationship & sex (RSE) education to all students in a safe environment where students feel able to participate in the lesson. In PSE lessons the setting up of ground rules reminding students of confidentiality issues and the use of warm up games helps to provide this environment.

We aim to give students the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active and responsible citizens.

The Statutory Requirements for PSE and RSE

The PSE curriculum at Open Box Education Centre fulfils our responsibilities as set out in the Department for Education's statutory guidance for relationships education: <u>Relationships and Sex Education (RSE) and Health Education 2019</u>. The PSE (including RSE) curriculum is informed by this guidance. Please see our Relationships and Sex Education Policy for more detail on this aspect of PSE learning.

The Content and Delivery of PSE

Our school will be following the *PSHE Association* Programme of Study, to deliver a scheme of work developed in line with key objectives (see Appendix 1). At the end of a unit the teacher assesses whether the objectives have been achieved and responds to the needs of the students individually, to support progress.

Teachers are aware of the sensitive issues that may arise out of teaching and learning PSE. The following protocols are in place:

- No teacher or student will have to answer a personal question
- No student will be forced to take part in a discussion
- Meanings of words and phrases will be explained in a factual way
- Teachers may use their discretion in responding to questions and may say that the appropriate person to answer that question is the parent or another trusted adult

PSE as part of the Curriculum

At Open Box Education Centre, PSE is a vital part of the timetabled curriculum for all students as well as being part of our whole school approach. Timetabled PSE lessons take place twice a week. Each lesson is 40 minutes long and is either delivered or overseen by the Preparation for Adulthood Lead teacher. The PSE curriculum is further enhanced through a weekly 'Personal Development' assembly. Additionally, students study aspects of PSE learning in Personal Project lessons, Skills for Independence and Skills for Success lessons to enrich their personal

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development. Where appropriate, off-site trips and visiting guests and professionals are planned to ensure a varied delivery of the PSE curriculum. All students have access to a one-to-one careers interview with a trained Careers Advisor as part of their careers education.

Ensuring PSE is inclusive

All students have equal access to the PSE curriculum. We aim to provide suitable learning opportunities regardless of sexual orientation, gender, ethnicity or home background. The Preparation for Adulthood Lead regularly communicates with the SEND Health & Care Manager to ensure PSE is accessible for all students, including those with SEND, and to ensure that provision is in place for the individual needs of each student.

Reporting Progress

Parents and carers receive half termly reports indicating student progress in all areas of their education, including PSE. Academic review meetings for parents, carers and students take place once a term with the Principal to discuss progress.

Who is Responsible for the PSE Curriculum?

The Principal is responsible for ensuring that PSE delivery is to a high standard. The Preparation for Adulthood Lead is responsible for:

- Planning and delivering high quality PSE lessons in a sensitive way
- Modelling positive attitudes in PSE
- Monitoring and reporting on progress
- Responding to the needs of individual students
- advising staff in the teaching of PSE topics in other curriculum areas

What are the students' responsibilities?

Students are expected to engage fully in PSE lessons and treat others with respect and sensitivity during discussion.

Monitoring Arrangements for the Delivery of the PSE Curriculum

The delivery of PSE is monitored by the Principal through a cycle of termly learning walks and teacher coaching meetings. This policy will be reviewed by The Preparation for Adulthood Lead and Principal and approved by the Governing Body.

Approved by:	(Principal)	(date)
Authorised by:	(Chair of Governors)	(date)

To be reviewed every: 2 Years

Next review date: January 2025

Date of Review	Reviewed by	Date of next review
Dec 2020 version 1.0	Zoe Tingey	Jan 2023
March 2023 version 1.1	Alison Dolan	Jan 2025

Appendix 1

Open Box Education Centre PSE Curriculum Topics

	Topics Covered
1	Drug Education
2	Sex and Relationships
3	Personal Finance
4	Emotional Wellbeing
5	Healthy Lifestyles
6	Making Informed Career Choices
7	Applying for Jobs and Courses
8	Social Media & Online Safety
9	Citizenship
10	Equality & Diversity
11	Skills for Independence